

I roto ia Aotearoa, me kimi tauturu atu koe ki roto i tetai turanga no te ora`anga kopapa, me kore ra, no te pakipaki-tai, e tika`anga to`ou i raro ake i te ture.



Health and Disability Commissioner
Te Toihau Hauoro, Hauātanga

Tei iākoe:

1. te tika`anga kia `ākono māmaru`ia
2. te tika`anga kia tau te `ākono`anga`ia
3. te tika`anga kia `akangāteitei`ia e kia tiratiratu
4. te tika`anga kia `ākono meitaki ia, e te turu`anga tau ki to`ou anoano
5. te tika`anga kia takataka meitaki te au `akakitekite`anga
6. te tika`anga kia `akakite pouroa ia te au mea ka anoano`ia kia kite koe, no runga i te `ākono`anga e te turu`anga iākoe
7. te tika`anga i te `iki i te au rāvenga `ākono e te turu iākoe
8. te tika`anga kia turu`ia
9. te tika`anga i te `iki me ka inangaro koe i te tomo atu ki roto i tetai terēni`anga, `āpi`i`anga, me kore ra, kimikimi`anga kite
10. te tika`anga kia `aka`apa

Me kare koe e reka ana i te au turanga tauturu e te turu iākoe, ka rauka iākoe i te:

- Komakoma atu ki te tangata, kare koe e mareka ana
- Pati tauturu atu ki tetai o te kōpu tangata, me kore ra, ki tetai taeake, i te ma`ani i tetai `aka`apa`anga
- Tāniuniu`ia te numero **0800 55 50 50** no te Health and Disability Advocate
- Tāniuniu`ia te numero **0800 11 22 33** i te `aka`apa atu ki te Health and Disability Commissioner

