Response ID ANON-C5F6-7WA5-R Submitted to About the Act and Code Review Submitted on 2024-08-13 16:58:13 Your details 1 What is your name? Name: 2 What is your email address? Email: 3 Are you submitting as an individual, or on behalf of an organisation or group? I am submitting as an individual 4 How did you hear about this consultation? Select from the following options: Word of mouth If you selected other, please specify below: Questions for individuals

Share 'one big thing' or upload a file

5 Are you here to tell us your 'one big thing'?

Your one big thing::

I had ulcerative colitis which I had cured with diet. All symptoms gone within days. You can't tell me diet has nothing to do with autoimmune issues. A letter from a hospital where I used to live had me referred for a colonoscopy at a hospital in my then current region. The doctors in that hospital said my diet was rubbish and they wanted me on a drug called Pentasa for 6 months before they would do the colonoscopy. I had been on this drug 4 years prior. It didn't help me then but I agreed to take it again. Within 24 hours all my symptoms were back and suffice to say, even though I went off the drug, the symptoms remained, much worse than before. I was in and out of hospital for a few weeks all the while being put on different brands of the same drug - Pentasa. While I was in hospital I learned from a NZ govt website that Pentasa can mimic a colitis flare. I was certain this is what was happening to me. I mentioned it to my specialist who pretty much ignored me. He said it was rare. A few days later they did the colonoscopy to find my bowel in a

serious state. They removed my colon and gave me a bag. Prior to this surgery, my aunty had her naturopath call me to discuss my options. He offered to talk to the hospital team to save my colon but I felt bullied by the doctors in the hospital. They gave me very little information and were not interested in 'options'. Just prior to removing my colon I was asked if they could have my colon for the medical school. What does that tell you?

6 Upload a file

File upload: No file uploaded

Not Answered

Publishing and data protection

May we publish your submission?

Yes, but please remove my name/my organisation

Please note any part(s) of your submission you do not want published::

Reasons to withhold parts of your submission

Yes, I would like HDC to consider withholding parts of my submission from responses to OIA requests.: No

I think these parts of my submission should be withheld, for these reasons: :

If needed, can we to contact you to follow up for more detail on your submission?

Yes, you can contact me

Would you like to receive updates about the review?

I'd like to receive updates about the review, I'd like to receive updates from the HDC about this and other mahi