

# Monitoring indicator update

Key findings from 2017 & 2017/18 mental health and addiction services data and trend analysis

While 2017 and 2017/18 data are similar to the previous monitoring year, there are a number of trends and measures that continue to be of concern, as well as measures indicating a positive contribution of services to the well-being of people who access them.



## Equity of service quality and outcomes for Māori and other population groups on some measures continues to be of concern

**1 in 5**  
New Zealanders live with mental distress and/or addiction in a given year  
Source: Te Rau Hinengaro, 2006

### Some population groups are more at risk than others:

**Almost 1 in 3**  
Māori  
Source: Te Rau Hinengaro, 2006

**1 in 4**  
Pacific peoples  
Source: Te Rau Hinengaro, 2006

**1 in 4**  
secondary students report poor emotional well-being  
Source: Youth '12

**41%**  
of adults who experienced seclusion within inpatient services in 2017 were Māori  
Source: MOH

**↑** The percentage of adults secluded who are Māori has increased over the last 5 years

**↑** Māori and Pacific peoples have higher rates of homelessness and supported accommodation use than others accessing services

**↓** Māori and Pacific peoples have lower rates of education, training or employment than others accessing services

Source: MOH

### Young people wait longer for DHB mental health services



### Compared to the total population



Source: MOH



Young people are less likely than adults to be followed up within 7 days of being discharged from an inpatient unit compared to all ages

Source: KPI Programme

## Key measures indicating partnership between consumers and services, and whānau and services are declining and reporting is often poor quality

**+16%**  
the number of people under a Community Compulsory Treatment order has increased over the last 5 years  
Source: MOH

**0 out of 20**  
DHBs met the target of 95% of consumers having a transition plan  
Source: MOH

**75%**  
of consumers and their whānau agree their plans are reviewed regularly  
Source: Mārama RTF

**9%**  
of contacts by services are recorded as involving family and whānau  
Source: MOH

**15,817 and 1,901**  
contacts were recorded by services as supporting family and whānau of consumers, and supporting consumers in their role as parents or caregivers respectively  
Source: MOH

## Positive trends from the data include that people generally improve in services and report positive experiences

People's clinician-rated scores of mental distress and social functioning improve by around half between admission to, and discharge from, a mental health service

### Average HoNOS score for adults (inpatient)



### Average HoNOS score for children and adolescents (inpatient)



### Average HoNOS score for adults (community)



### Average HoNOS score for children and adolescents (community)



Source: MOH

**24%**  
average increase in consumer satisfaction towards achieving recovery goals (addiction services)  
Source: MOH

**82%**  
of consumers and whānau would recommend their service to others  
Source: Mārama RTF