

Submitted to About the Act and Code Review  
Submitted on 2024-08-11 06:23:35

Please feel free to provide any further detail below:

Share 'one big thing' or upload a file

5 Are you here to tell us your 'one big thing'?

Your one big thing::

I became ill in 2016, by the end of 2019 I was unable to work any longer and went to my gp in jan 2020, who gave me anti depressants and said I was depressed, was I emotional yes! I could no longer do 1/4 of the things I used to do and was quite a scary experience not knowing what was wrong with me . I was finally diagnosed in 2022 with ME/cfs.

Unfortunately the diagnosis didn't give me a lot of help, our doctors are not educated around ME/cfs and don't seem to have any ideas o how to help. There is no support around the disability that ME/cfs is. Home help would've then and now made a huge difference to my quality of life as post exertion mallase quite often leaves me unable to function, bed ridden and unable to prepare quality meals of nutrient rich foods. Many a meal of marmite on crackers.

6 Upload a file

File upload:

No file uploaded

Not Answered

## Topic 1: Supporting better and equitable complaint resolution

1.1 Did we cover the main issues about supporting better and equitable complaints resolution?

Please add your response below:

1.2 What do you think of our suggestions for supporting better and equitable complaint resolution, and what impacts could they have?

Please add your response below:

1.3 What other changes, both legislative and non-legislative, should we consider for supporting better and equitable complaint resolution?

1.3 changes - supporting better and equitable complaint resolution:

## Topic 3: Making the Act and the Code work better for tāngata whaikaha | disabled people

3.1 Did we cover the main issues about making the Act and the Code work better for tāngata whaikaha | disabled people?

Please add your response below:

3.2 What do you think of our suggestions for making the Act and the Code work better for tāngata whaikaha | disabled people, and what impacts could they have?

Please add your response below:

3.3 What other changes, legislative and non-legislative, should we consider for making the Act and the Code work better for tāngata whaikaha | disabled people?

Please add your response below:

## Topic 4: Considering options for a right of appeal of HDC decisions

4.1 Have we covered the main issues about considering options for a right of appeal of HDC decisions?

Please add your response below:

4.2 What do you think about our suggestions for considering options for a right of appeal of HDC decisions, and what impact could they have?

Please add your response below:

4.3 What other options for a right of appeal of HDC decisions, both legislative and non-legislative, should we consider?

Please add your response below:

## Publishing and data protection

May we publish your submission?

Yes, you may publish my submission

Please note any part(s) of your submission you do not want published::

Reasons to withhold parts of your submission

Yes, I would like HDC to consider withholding parts of my submission from responses to OIA requests.:

No

I think these parts of my submission should be withheld, for these reasons: :

If needed, can we to contact you to follow up for more detail on your submission?

Yes, you can contact me

Would you like to receive updates about the review?

I'd like to receive updates about the review